

# TENDER LOVING CARE, P.T, P.C

## PATIENTIN TAKESHEET

### PATIENTDEMOGRAPHICS

 NewPatient 

 PreviousPatient 

PatientName:	Title: Mr., Mrs., Miss	Gender: Female or Male
SocialSec.#	Employment:YorN	Student:YorN
MailingAddress:		
Email Address:		
Home#:	O.Ktoleavemessage: YESor NO	Besttimetocall:
Work#:	O.Ktoleavemessage: YESor NO	Besttimetocall:
Cell#:	O.Ktoleavemessage: YESor NO	Besttimetocall:
DOB:	MaritalStatus:	

### ADMISSIONINFORMATION

StartCare:	DateofInjury:
RegionAffected:	LastMDvisit:
Doctor'sName:	
Address:	
City:	State:
ZipCode:	Phone#
Specialty:	PCP:YESorNO
Doctor'sName:	
Address:	
City:	State:
ZipCode:	Phone#
Specialty:	PCP:YESorNO

### EMPLOYMENTINFORMATION

PatientEmployer:	
Address:	
City:	State:
ZipCode:	Phone#
Occupation:	
Spouse'sEmployer:	
Address:	
City:	State:
ZipCode:	Phone#
Occupation:	

### PAYORRESPONSIBILITY

PrimaryInsuranceName:	Co payAmount:
Group/Policy#:	ID# }
**SecondaryInsurance(Ifany)	**Co payAmount:
Insured'sName	RelationshiptoInsured :
Group/Policy#	ID#:

### WORKER'SCOM PENSATION/NO FAULTINFORMATION(IFAPPLICABLE ):

InsuranceCarrier(W/C)/(N/F):	
InsuranceCarrier:	
WCC/NFCLAIM#:	
TypeofInjury:(onthejob?):	DateofAccident:
Attorney'sName:	Phone:

# TENDER LOVING CARE, P.T, P.C

## MEDICAL HISTORY

**PAIN:** Please rate your pain where 0=No Pain and 10=Maximum Pain: \_\_\_\_\_

**PLEASE MARK THE FOLLOWING IF YOU HAVE HAD:**

- |                                        |                                                   |                                                    |
|----------------------------------------|---------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Angina        | <input type="checkbox"/> Osteoporosis             | <input type="checkbox"/> Heart Disease             |
| <input type="checkbox"/> Heart Attacks | <input type="checkbox"/> Neck Injuries            | <input type="checkbox"/> Cancer                    |
| <input type="checkbox"/> Stroke        | <input type="checkbox"/> Fractures (broken bones) | <input type="checkbox"/> High blood pressure       |
| <input type="checkbox"/> Heart Surgery | <input type="checkbox"/> Back Injuries            | <input type="checkbox"/> Lung disease              |
| <input type="checkbox"/> Tumors        | <input type="checkbox"/> Whiplash                 | <input type="checkbox"/> Joint strains             |
| <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Circulatory problems     | <input type="checkbox"/> Muscle strains            |
| <input type="checkbox"/> Epilepsy      | <input type="checkbox"/> Allergies                | <input type="checkbox"/> Gastrointestinal problems |
| <input type="checkbox"/> Arthritis     |                                                   |                                                    |

**CHECK THE FOLLOWING BOXES IF YOU HAVE RECENTLY EXPERIENCED:**

- |                                                                    |                                                  |                                                                |
|--------------------------------------------------------------------|--------------------------------------------------|----------------------------------------------------------------|
| <input type="checkbox"/> Headaches                                 | <input type="checkbox"/> Shortness of breath     | <input type="checkbox"/> Unexplained weight loss               |
| <input type="checkbox"/> Muscular pain with exertion               | <input type="checkbox"/> Dizziness               | <input type="checkbox"/> Tingling, numbness or loss of feeling |
| <input type="checkbox"/> Falls                                     | <input type="checkbox"/> Balance problems        | <input type="checkbox"/> Pain with coughing or sneezing        |
| <input type="checkbox"/> Tremors                                   | <input type="checkbox"/> Unusual fatigue         | <input type="checkbox"/> Change in bowel and bladder habits    |
| <input type="checkbox"/> Muscular pain at rest                     | <input type="checkbox"/> Unusual weakness        |                                                                |
| <input type="checkbox"/> Difficulty sleeping                       | <input type="checkbox"/> Blurred/double vision   |                                                                |
| <input type="checkbox"/> Constant pain unrelieved by rest/movement | <input type="checkbox"/> Unusual skin coloration |                                                                |

**PLEASE LIST ANY MAJOR SURGERIES AND HOSPITALIZATIONS**

\_\_\_\_\_  
\_\_\_\_\_  
DATE: \_\_\_\_\_  
DATE: \_\_\_\_\_

**DO YOU SMOKE?** YES/NO. If Yes, How many pack per day ? \_\_\_\_\_ **ARE YOU PREGNANT ?** YES/NO

**ARE YOU ALLERGIC TO ANY MEDICATION?** YES/NO. IF YES, PLEASE LIST MEDICATIONS YOU ARE PRESENTLY TAKING:

\_\_\_\_\_  
\_\_\_\_\_

**PLEASE MARK THE FOLLOWING IF ANY OF THESE DIAGNOSTIC TESTS HAVE BEEN PERFORMED?**

<input type="checkbox"/> X RAYS	DATE: _____	RESULTS: _____
<input type="checkbox"/> MRI	DATE: _____	RESULTS: _____
<input type="checkbox"/> EMG/NCV	DATE: _____	RESULTS: _____

**Is this your problem due to an injury/Work Related/Amotor Vehicle Accident/or Other.**

**PLEASE DESCRIBE YOUR PROBLEM?**

\_\_\_\_\_  
\_\_\_\_\_

**PLEASE CHECK THE FOLLOWING WHICH BEST DESCRIBE YOUR PAIN**

<input type="checkbox"/> CONSTANT	<input type="checkbox"/> INCREASING	<input type="checkbox"/> NIGHT PAIN	<input type="checkbox"/> DULL/ACHY PAIN
<input type="checkbox"/> INTERMITTENT	<input type="checkbox"/> DECREASING	<input type="checkbox"/> STIFFNESS	<input type="checkbox"/> SHARP PAIN
<input type="checkbox"/> PAIN UPON WAKING	<input type="checkbox"/> OCCASIONAL	<input type="checkbox"/> STATIC	

PAIN IS AGGRAVATED BY: \_\_\_\_\_

PAIN IS EASED BY: \_\_\_\_\_

Have you been treated by a **Physical Therapist/Chiropractor** ? YES/NO. If yes, approximate date \_\_\_\_\_

WHAT WERE YOU TREATED FOR ? \_\_\_\_\_

**I request that payment of authorized Medicare benefits be made on my behalf to TLC, P.T for services furnished to me by my provider. I authorize any holder of medical information about me to release to the Health Care Financing Administration and its agents any information needed to determine these benefits payable for related services. I have provided all of the above information to the best of my knowledge at the time of this visit and will notify this office if any information above has changed during the care of TLC, P.T Physical Therapy .**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# TENDER LOVING CARE, P.T, P.C

## REGISTRATION FORM

In Order to accept your insurance assignment the following information is needed:

A) Patient's Name \_\_\_\_\_ SS# \_\_\_\_\_

B) Patients  
Address \_\_\_\_\_  
\_\_\_\_\_

C) Date of Birth \_\_\_\_\_

D) Sex M \_\_\_\_\_ F \_\_\_\_\_

E) Relationship to insured \_\_\_\_\_

F) Insured Name & SS# \_\_\_\_\_

G) Is the insured currently working? Yes \_\_\_\_\_ No \_\_\_\_\_

H) Is this a Managed Care plan? Yes \_\_\_\_\_ No \_\_\_\_\_

I) Is this a HMO? Yes \_\_\_\_\_ No \_\_\_\_\_

J) Name and address of insurance vendor  
\_\_\_\_\_  
\_\_\_\_\_

K) ID Number \_\_\_\_\_

L) Precert/Authorization \_\_\_\_\_

M) Insured employee name & address \_\_\_\_\_  
\_\_\_\_\_

N) Secondary Health Insurance \_\_\_\_\_  
\_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

# TENDER LOVING CARE, P.T, P.C

## CONSENT TO USE/DISCLOSE HEALTH INFORMATION FORM

Although TLC,P.T is not required by law to obtain signed consent from you for treatment, payment or healthcare operation purposes, we encourage you to sign this consent so that you are aware of our – and practices regarding protection of your personal health information.

Should you desire more complete description of the permissible uses and disclosures of your protected health information, you have the right to review a Notice of Privacy Practices (the “Notice”) prior to signing this consent.

The Notice is available by contacting the Privacy Officer. Please note that TLC,P.T reserves the right to change the privacy practices described in the Notice. Should you wish to obtain a revised Notice, please contact the Privacy Officer.

By signing this consent, you agree that TLC,P.T may use or disclose your protected health information to carry out treatment, payment, or healthcare operations.

You have the right to request that TLC,P.T restrict how your protected health information is used or disclosed to carry out treatment, payment, or healthcare operations. However TLC,P.T is not required to agree to such restrictions. If TLC,P.T does agree to a restriction that you request, such restriction will be binding.

You have the right to revoke this consent in writing, except to the extent that TLC,P.T has taken action in reliance on your consent.

### Acknowledgment and Agreement :

I consent to TLC,P.T sending protected health information to the insured in the event I am receiving treatment but am not insured under my insurance policy. Such information may include, but not be limited to, explanation of benefits (“BOB”) or invoices regarding my treatment. I understand that if I do not want such protected health information mailed to the insured, then I will notify TLC,P.T of my objectives and will complete a request for Restriction of Use and Disclosure form.

In addition, I understand and accept the risk of unintentional disclosure of my protected health information because the treatment area is an open area where other patients are treated simultaneously. I understand that none of my protected health information may be inadvertently overheard by other patients and/or therapists. I also agree not to disclose any protected health information that I might inadvertently overhear about other patients while I am receiving treatment in the open treatment area.

I consent to TLC,P.T releasing my protected health information to the following individuals.

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

I have received a copy of TLC,P.T Physical Therapy's Notice of Privacy Protection.

I hereby notify that I have read the provisions set forth in this consent. I understand and agree to the terms of this consent.

Patient's name : \_\_\_\_\_ Universal ID#: \_\_\_\_\_

Signature of Patient or Representative : \_\_\_\_\_ Date: \_\_\_\_\_

Name of personal Representative : \_\_\_\_\_

Relationship to patient : \_\_\_\_\_

# TENDER LOVING CARE, P.T, P.C

## EXPLANATION OF PROCEDURES

Welcome to our practice. You are here because you have been referred to us by your doctor for Physical Therapy. Physical Therapy is defined as: "The evaluation, treatment or prevention of disability, injury, disease or other condition of health using physical, chemical and mechanical means including, but not limited to heat, cold, light, air, water, sound, electricity, massage, mobilization and therapeutic exercise..."

Here is the explanation of some of the Physical Therapy procedures and modalities that you may receive during your course of treatment with us. Please make sure that if you have any question you ask your Physical Therapist to answer them to your satisfaction.

**PHYSICAL THERAPY EVALUATION (97001):** This includes taking a comprehensive history, systems review and tests and measurements. The PT will formulate an assessment, prognosis and note anticipated intervention.

**PHYSICAL THERAPY RE-EVALUATION (97002):** The PT re-examines the patient and updates goals and treatment plan.

**THERAPEUTIC EXERCISE (97110):** Therapeutic exercises to develop strength and endurance, range of motion and flexibility.

**NEUROMUSCULAR RE-EDUCATION (97112):** Neuromuscular re-education of movement, balance, coordination, kinesthetic sense, posture and proprioception.

**AQUATIC THERAPY (97113):** Aquatic therapy with therapeutic exercises.

**MANUAL THERAPY (97140):** Manual therapy techniques may include mobilization, manipulation, manual lymphatic drainage, manual traction, soft tissue mobilization.

**THERAPEUTIC ACTIVITIES (97530):** Use of dynamic activities to improve functional performance (activities such as bending, lifting, carrying, reaching, etc. and have as a goal to improve your functional performance in a progressive manner).

**ELECTRICAL STIMULATION (97014) & ULTRASOUND (97035):** These are physical agents, used in conjunction with the other treatments to reduce pain, inflammation, etc.

**GAIT TRAINING (97116):** Gait training activities including stair climbing.

**SELF-CARE, HOME MANAGEMENT TRAINING/ADL TRAINING, SAFETY PROCEDURE SECT: (97535)**

**GROUP THERAPEUTIC PROCEDURE (97150):** Land or aquatic group based activities.

**MASSAGE (97124):** Effleurage, petrissage and/or tapotement (stroking, compression, etc.)

**BY SIGNING THIS DOCUMENT I ACKNOWLEDGE THAT I UNDERSTAND THAT I MAY RECEIVE A NUMBER OF THE ABOVE LISTED SERVICES AND ALL OF MY QUESTIONS WERE ANSWERED BY THE TREATING THERAPIST TO MY SATISFACTION.**

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

1. American Physical Therapy Association. Guide to Physical Therapy Practice. Alexandria, VA: APTA; 1999

2. HCFA Medicare. Physical Medicine & Rehabilitation. Policy Number (YPF#86) (YMED#09) MNB Medicare; 2002

# TENDER LOVING CARE, P.T, P.C

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Dear Patient,

Welcome to our practice. Thank you for your confidence and trust in scheduling an appointment with our clinic. We are always dedicated to quality care for all our patients and we are always here to discuss your problems and find together the most appropriate solution. Our office patient policies are as follows. Please read carefully the following policies and sign below.

## GENERAL OFFICE POLICIES

- 1) We require 24 hours notice in the event of a cancellation. It is your responsibility, when you call in **to have an alternative time in mind that will ensure you get in the full prescribed number of treatments that week whenever possible.**
- 2) There is a **\$50.00** charge for a cancellation without proper notice. This charge will probably not be covered by your insurance company, but will have to be paid by you personally.
- 3) You should understand that when you do not show, three people get hurt: 1) yourself because you don't get the treatment you need as prescribed by the doctor and our staff, 2) the therapist who now has a "vacancy" in their schedule since the time was reserved for you personally, and 3) another patient who could have been given treatment if you had given us proper notice.
- 4) **Regarding Lateness:** If you are late, you may not get in your full treatment because it would mean other patients are delayed.
- 5) **Regarding Being Early:** Most of the time you'll have to wait until your scheduled time to be seen because there are other patients who are still in treatment.
- 6) For your health's benefit we have developed both a formal evaluation process and a discharge process. In each of these, the Physical Therapist prepares a report for your doctor.
- 7) Please understand that your insurance policy is a contract between you and your insurance company. While we may accept your insurance as payment, your contract with us is a separate agreement. In other words, if your insurance refuses to cover a certain treatment or otherwise fails to pay us, your contract with us still exists, and you are responsible for payment personally.
- 8) **Co pays, deductibles, and payments** if you are a self-pay patient, are due at the time of service. We accept payments by credit card, check, cash or money order **only.**
- 9) We will allow, on special occasions, a long-term payment plan budgeted on the individual according to need. In any event, if you request such a plan, you will sign a written agreement which must be given final approval by the Clinical Director.
- 10) If at any point you have a problem regarding billing and payment, talk to our secretary and they will arrange for you to see our office manager.

**After you have read carefully the above, please sign the following:**

I \_\_\_\_\_, agree to be treated in this Physical Therapy clinic by the Physical Therapist and their staff and I also agree with the terms specified above.

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**Patients Signature**

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**Date**

## When it comes to your health information, you have certain rights.

This section explains your rights and some of our responsibilities to help you.

### Get an electronic or paper copy of your medical record

- You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

### Ask us to correct your medical record

- You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.
- We may say “no” to your request, but we’ll tell you why in writing within 60 days.

### Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will say “yes” to all reasonable requests.

## Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information.

**Please review it carefully.**

## Tender Loving Care Physical Therapy, P.C.

3555 Bainbridge Avenue, Bronx New York 10467. Tel. # 718-652-3535. Web: [www.tenderlovingcarept.org](http://www.tenderlovingcarept.org)

***If you have any questions about this notice, please contact :  
Jorge L. Llauro, PT at (718)652-3535 or at [jllaurado@juno.com](mailto:jllaurado@juno.com)***

### Ask us to limit what we use or share

- You can ask us **not** to use or share certain health information for treatment, payment, or our operations.
- We are not required to agree to your request, and we may say “no” if it would affect your care.

- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer.
- We will say “yes” unless a law requires us to share that information.

### **Get a list of those with whom we’ve shared information**

- You can ask for a list (accounting) of the times we’ve shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We’ll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.

### **Get a copy of this privacy notice**

- You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

### **Choose someone to act for you**

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

### **File a complaint if you feel your rights are violated**

- You can complain if you feel we have violated your rights by contacting us using the information on page 1.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting [www.hhs.gov/ocr/privacy/hipaa/complaints/](http://www.hhs.gov/ocr/privacy/hipaa/complaints/).
- We will not retaliate against you for filing a complaint.

### **For certain health information, you can tell us your choices about what we share.**

If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

#### **In these cases, you have both the right and choice to tell us to:**

- Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Include your information in a hospital directory
- Contact you for fundraising efforts

*If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.*

#### **In these cases we never share your information unless you give us written permission:**



- Marketing purposes
- Sale of your information
- Most sharing of psychotherapy notes

**In the case of fundraising:**

- We may contact you for fundraising efforts, but you can tell us not to contact you again.

**How do we typically use or share your health information?**

We typically use or share your health information in the following ways.

**Treat you •**

We can use your health information and share it with other professionals who are treating you.

**Example:**

*A doctor treating you for an injury asks another doctor about your overall health condition.*

**Run our organization**

- We can use and share your health information to run our practice, improve your care, and contact you when necessary.

**Example:**

*We use health information about you to manage your treatment and services.*

**Bill for your services**

- We can use and share your health information to bill and get payment from health plans or other entities.

**Example:**

*We give information about you to your health insurance plan so it will pay for your services.*

**How else can we use or share your health information?**

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes.

For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html).

**Help with public health and safety issues**

- We can share health information about you for certain situations such as:

- Preventing disease
- Helping with product recalls
- Reporting adverse reactions to medications
- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone’s health or safety

**Do research**

- We can use or share your information for health research.

**Comply with the law**

- We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we’re complying with federal privacy law.

**Respond to organ and tissue donation requests**

- We can share health information about you with organ procurement organizations.

**Work with a medical examiner or funeral director**

- We can share health information with a coroner, medical examiner, or funeral director when an individual dies.

**Address workers' compensation, law enforcement, and other government requests**

- We can use or share health information about you:
  - For workers' compensation claims
  - For law enforcement purposes or with a law enforcement official
  - With health oversight agencies for activities authorized by law
  - For special government functions such as military, national security, and presidential protective services.

**Respond to lawsuits and legal actions**

- We can share health information about you in response to a court or administrative order, or in response to a subpoena.
- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of Your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html).

**Changes to the Terms of This Notice**

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

**This Notice of Privacy Practices applies to the following organizations.**

*Effective Date of this Notice: September 1, 2013*

*Tender Loving Care Physical Therapy, P.C.*

*For privacy matters contact Jorge L. Llaurado at [jllaurado@juno.com](mailto:jllaurado@juno.com)*